



Tahini Zucchini Hummus

Active Time: 5 minutes | **Total Time:** 5 minutes | **Serves:** 8

Nutrition Information Per Serving

133.1 calories, 6.55 g carbohydrate, 1.33 g fiber, 5.22 g NET carbs, 3.33 g protein, 11.55 g fat

Ingredients

- 3 clove(s) organic garlic
- 1/2 cup(s) organic lemon juice
- 1/2 tsp(s) sea salt
- 2 Tbsp(s) organic extra virgin olive oil
- 8 Tbsp(s) organic tahini
- 2 medium(s) organic zucchini, peeled, roughly chopped

Preparation

1. Combine all ingredients in a high speed blender or Vitamix.
2. Blend until smooth.
3. Serve with fresh raw veggies including cherry tomatoes, carrot sticks, celery sticks, and cucumbers.

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