



Blueberry Almond Crunch

Active Time: 5 minutes | **Total Time:** 5 minutes | **Serves:** 4

Nutrition Information Per Serving

120 calories, 12.47 g carbohydrate, 3.8 g fiber, 8.67 g NET carbs, 3.3 g protein, 7.41 g fat

Ingredients

- 2 cup(s) organic blueberries
- 2 ounce(s) organic almonds, sliced

Preparation

1. Add blueberries to serving dishes.
2. Sprinkle with almonds.
3. Serve.

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