



Organic Cottage Cheese with Ripe Strawberries & Sliced Almonds

Active Time: 5 minutes | Total Time: 5 minutes | Serves: 1

Nutrition Information Per Serving

158 calories, 7.8 g carbohydrate, 1.69 g fiber, 6.11 g NET carbs, 14.71 g protein, 7.84 g fat

Ingredients

- 4 medium(s) organic strawberries, sliced
- 1/2 cup(s) organic cottage cheese
- 1 Tbsp organic sliced almonds

Preparation

1. Add cottage cheese to a bowl.
2. Top with berries and almonds.
3. Serve.

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