



Shaved Fennel & Arugula Salad with Kalamata Olives

Active Time: 10 minutes | **Total Time:** 10 minutes | **Serves:** 6

Nutrition Information Per Serving

133.7 calories, 4.59 g carbohydrate, 1.9 g fiber, 2.69 g NET carbs, 1.25 g protein, 12.88 g fat

Ingredients

- 1 whole bulb organic fennel, halved, sliced paper thin
- 4 Tbsp(s) fresh organic lemon juice
- 8 cup(s) organic arugula
- 1/3 cup(s) organic extra virgin olive oil
- 1 pinch sea salt
- 2 Tbsp(s) organic, raw apple cider vinegar
- 12 large(s) organic Kalamata olives

Preparation

1. Whisk first lemon juice and vinegar in small bowl to blend. Gradually whisk in oil. Season with sea salt and fresh ground black pepper.
2. Toss arugula, fennel, and olives in large bowl with dressing.
3. Serve.

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