



Mediterranean Sardine Stacks

Active Time: 5 minutes | Total Time: 5 minutes | Serves: 1

Nutrition Information Per Serving

518.4 calories, 17.18 g carbohydrate, 2 g fiber, 15.18 g NET carbs, 30.49 g protein, 36.64 g fat

Ingredients

- 1 can Season Skinless & Boneless Sardines in Olive Oil
- 1 ounce Simple Mills Rosemary & Sea Salt Almond Flour Crackers
- 1/2 ounce(s) organic, raw cheddar cheese

Preparation

1. Layer cheese on crackers.
2. Top with sardines.

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