



Simple Mixed Green Salad with Avocados

Active Time: 5 minutes | **Total Time:** 5 minutes | **Serves:** 2

Nutrition Information Per Serving

180.1 calories, 22.32 g carbohydrate, 11.94 g fiber, 10.38 g NET carbs, 5.2 g protein, 10.84 g fat

Ingredients

- 6 cup(s) Earthbound Farm Mixed Baby Greens
- 1 cup sliced organic avocado
- 4 slice(s) organic red onion
- 1 medium organic tomato, seeded and roughly chopped

Preparation

1. Arrange mixed greens between two bowls.
2. Top with tomatoes, red onion and avocado.
3. Serve with dressing of choice.

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