



Chocolate, Peanut Butter & Banana Smoothie (Vegan)

Active Time: 5 minutes | **Total Time:** 5 minutes | **Serves:** 1

Nutrition Information Per Serving

254.8 calories, 20.02 g carbohydrate, 5.1 g fiber, 14.92 g NET carbs, 29.05 g protein, 9.07 g fat

Ingredients

- 1 scoop Jay Robb's Chocolate Sprouted Brown Rice Protein Powder
- 1/2 small(s) organic banana
- 1 cup spring water
- 1/2 Tbsp(s) organic cocoa
- 1 Tbsp organic peanut butter, smooth and salted

Preparation

1. Add all ingredients to a blender with 2-3 ice cubes.
2. Blend until smooth.

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