



Asian Mushroom Saute

Active Time: 10 minutes | **Total Time:** 10 minutes | **Serves:** 4

Nutrition Information Per Serving

19.9 calories, 3.09 g carbohydrate, 0.54 g fiber, 2.55 g NET carbs, 2.17 g protein, 0.18 g fat

Ingredients

- 3 tsp(s) Coconut Secret Coconut Aminos
- 1/4 cup(s) Pacific Organic Bone Broth (Chicken)
- 2 clove(s) organic garlic, chopped
- 1 Tbsp organic ginger, minced
- 2 cup(s) organic white button mushrooms, quartered

Preparation

1. Add ginger, garlic, coconut aminos and broth to a medium safe saute pan.
2. Bring to a simmer.
3. Add mushrooms and cook 3-4 minutes.
4. Serve.

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