



Raspberry Compote

Active Time: 5 minutes | **Total Time:** 15 minutes | **Serves:** 6

Nutrition Information Per Serving

26.2 calories, 5.66 g carbohydrate, 3.03 g fiber, 2.63 g NET carbs, 0.56 g protein, 0.3 g fat

Ingredients

- 1/2 packet(s) SweetLeaf Stevia Plus Sweetener
- 1/4 cup(s) purified or spring water
- 1 tsp organic vanilla extract
- 2 cup(s) frozen organic raspberries, unsweetened

Preparation

1. Add all ingredients to a saucepan over medium heat.
2. Cook, stirring, until juices reduce to desired consistency - about 10 minutes.
3. Serve.

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