



Dill Salmon Pate

Active Time: 10 minutes | **Total Time:** 10 minutes | **Serves:** 4

Nutrition Information Per Serving

206.4 calories, 0.95 g carbohydrate, 0.19 g fiber, 0.76 g NET carbs, 17.39 g protein, 15.02 g fat

Ingredients

- 2 can(s) Wild Planet Sockeye Salmon (6 oz)
- 3 Tbsp(s) Primal Kitchen Mayonnaise
- 1/4 medium(s) organic red onion, finely chopped
- 1/4 tsp(s) freshly ground black pepper
- 1 pinch sea salt
- 1/2 tsp(s) dried dill weed
- 1 Tbsp lemon juice

Preparation

1. Add lemon juice, mayo, salt and pepper to a small bowl. Whisk to combine.
2. Drain salmon and add to a medium bowl with the onions and dill.
3. Stir in the mayo mixture to incorporate.
4. Serve with grain-free crackers or crudites.

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