

Basic Vinegar-Free Salad Dressing

Active Time: 5 minutes | Total Time: 5 minutes | Serves: 16

Nutrition Information Per Serving

63.5 calories, 0.38 g carbohydrate, 0.04 g fiber, 0.34 g NET carbs, 0.05 g protein, 7.04 g fat

Ingredients

- 1 tsp sea salt
- 4 Tbsp(s) organic lemon juice
- 1/4 tsp(s) freshly ground black pepper
- 8 Tbsp(s) organic extra virgin olive oil
- 1 tsp dry mustard

Preparation

- 1. In a small bowl or cruet, blend all ingredients together.
- 2. Keep refrigerated.

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