



Zucchini Chocolate Chip Muffins

Active Time: 10 minutes | **Total Time:** 30 minutes | **Serves:** 12

Nutrition Information Per Serving

143.5 calories, 13.43 g carbohydrate, 1.46 g fiber, 11.97 g NET carbs, 2.2 g protein, 10.38 g fat

Ingredients

- 8 Tbsp(s) Enjoy Life Foods Semi-Sweet Chocolate Chips
- 2 large(s) organic eggs
- 1/4 tsp(s) sea salt
- 4 Tbsp(s) organic virgin coconut oil
- 1 tsp cinnamon
- 1/4 cup(s) coconut flour
- 1 1/2 medium(s) organic zucchini, grated
- 1/4 tsp(s) baking soda
- 4 Tbsp(s) honey
- 1/4 tsp(s) cream of tartar

Preparation

1. Preheat oven to 350 degrees F.
2. In a medium bowl, whisk together coconut flour, salt, baking soda, cream of tartar and cinnamon.
3. In a large bowl, combine eggs, oil, honey and grated zucchini.
4. Thoroughly mix dry ingredients into wet, then stir in chocolate chips.
5. Line a muffin tin with unbleached baking cups. Scoop batter into each, filling 3/4 full.
6. Bake for 18-22 minutes or until a toothpick inserted in the center comes out clean.
7. Cool and serve.

This free recipe cannot be redistributed without prior permission from MealGenius.com.
If you have obtained this recipe from any source other than MealGenius.com please contact us.