



Kiwi-Strawberry Cup

Active Time: 5 minutes | **Total Time:** 5 minutes | **Serves:** 2

Nutrition Information Per Serving

65.6 calories, 15.75 g carbohydrate, 3.48 g fiber, 12.27 g NET carbs, 1.27 g protein, 0.58 g fat

Ingredients

- 2 medium(s) organic kiwi, peeled and chopped
- 10 medium(s) organic strawberries, halved

Preparation

1. Place chopped kiwi and strawberry halves in a medium bowl.
2. Mix.
3. Serve.

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