



One 5 Ounce Glass Merlot

Active Time: 1 minute | **Total Time:** 1 minute | **Serves:** 1

Nutrition Information Per Serving

122 calories, 3.69 g carbohydrate, 0 g fiber, 3.69 g NET carbs, 0.1 g protein, 0 g fat

Ingredients

Preparation

- 1 glass organic Merlot

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