



## One 5 Ounce Glass Pinot Noir

**Active Time:** 1 minute | **Total Time:** 1 minute | **Serves:** 1

### **Nutrition Information Per Serving**

120.5 calories, 3.4 g carbohydrate, 0 g fiber, 3.4 g NET carbs, 0.1 g protein, 0 g fat

### **Ingredients**

### **Preparation**

- 1 glass organic Pinot Noir

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