



Chocolate Almond Butter Smoothie (Dairy Free)

Active Time: 5 minutes | **Total Time:** 5 minutes | **Serves:** 1

Nutrition Information Per Serving

215 calories, 7.5 g carbohydrate, 1.5 g fiber, 4 g NET carbs, 27 g protein, 8.5 g fat

Ingredients

- 1 Tbsp Maranatha No Stir Almond Butter (Creamy)
- 1 Scoop Jay Robb Chocolate Egg White Protein
- 1 cup spring or filtered water

Preparation

1. Add all ingredients plus 2-3 ice cubes in a blender or Magic Bullet.
2. Blend until smooth. Serve.

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