



## Chocolate Chia Pudding

**Active Time:** 10 minutes | **Total Time:** 3 hours | **Serves:** 1

### Nutrition Information Per Serving

354.1 calories, 15.89 g carbohydrate, 11.66 g fiber, 4.23 g NET carbs, 9.26 g protein, 30.79 g fat

#### Ingredients

- 2 Tbsp(s) Nutiva Organic Chia Seeds
- 5 drop(s) SweetLeaf SteviaClear Liquid Stevia
- 1 Tbsp organic non-dutched cocoa powder
- 1/2 cup(s) coconut milk
- 1 pinch sea salt

#### Preparation

1. Add all ingredients to a medium bowl and whisk to combine.&nbsp;
2. Let rest in fridge for 2-3 hours to gel.
3. Pour into a high-powered blender and blend on high speed until smooth.
4. Adjust sweetness, as desired.&nbsp;

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