



WB New Bliss - Prepared with coconut oil

Active Time: 1 minute | **Total Time:** 1 minute | **Serves:** 12

Nutrition Information Per Serving

177.7 calories, 14.01 g carbohydrate, 2.3 g fiber, 3.71 g NET carbs, 4.07 g protein, 16.6 g fat

Ingredients

- 8 Tbsp(s) Wholesome Sweeteners Organic Zero
- 3 Tbsp(s) Bob's Red Mill Organic Coconut Flour
- 2 Tbsp(s) Navitas Naturals Organic Palm Sugar
- 7 1/2 Tbsp(s) Cocoa
- 4 large(s) Eggs, Chicken
- 2/5 tsp(s) Sea Salt
- 1 tsp Vanilla
- 10 Tbsp(s) Oil, Coconut
- 3/5 cup(s) blanched Nuts, Almonds
- 1/2 tsp(s) Baking Soda

Preparation

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