



## Pork and Apple Salad

**Active Time:** 5 minutes | **Total Time:** 10 minutes | **Serves:** 2

### Nutrition Information Per Serving

392 calories, 30.7 g carbohydrate, 7.12 g fiber, 23.58 g NET carbs, 27.13 g protein, 18.35 g fat

#### Ingredients

- 4 cup(s) Earthbound Farm Baby Lettuces
- 1 tsp Eden Foods Organic Brown Mustard, Jar
- 1/2 cup(s), chopped organic celery
- 1 tsp garlic, minced
- 1/2 cup(s) chopped red onion
- 2 Tbsp(s) extra virgin olive oil
- 1 whole organic orange, juice and zest
- 1 medium organic granny smith apple
- 1/2 tsp(s) organic dried thyme
- 1/2 pound(s) cooked and shredded organic pork tenderloin

#### Preparation

1. Combine the pork, red onion, apples, celery baby greens in a large serving bowl.
2. In a smaller bowl, mix the orange juice, orange zest, mustard, thyme and garlic together.
3. Slowly pour in the oil, whisking vigorously until the mixture emulsifies and becomes creamy and thick.
4. Toss the dressing with the salad to serve.

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