



Spinach & Berry Breakfast Salad

Active Time: 5 minutes | **Total Time:** 5 minutes | **Serves:** 2

Nutrition Information Per Serving

178.3 calories, 12.59 g carbohydrate, 3.86 g fiber, 8.73 g NET carbs, 1.75 g protein, 14.47 g fat

Ingredients

- 1/2 cup(s) organic raspberries
- 1/2 small(s) organic red onion, sliced
- 2 Tbsp(s) olive oil
- 1/2 cup(s) organic blueberries
- 2 cup(s) organic baby spinach
- 1 Tbsp fresh squeezed orange juice

Preparation

1. In a large bowl, whisk the olive oil with the orange juice.
2. Add the remaining ingredients and toss to coat.
3. Serve.

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