



## Smoked Salmon Spinach Salad with Dill

**Active Time:** 10 minutes | **Total Time:** 10 minutes | **Serves:** 2

### Nutrition Information Per Serving

280.6 calories, 5 g carbohydrate, 1.84 g fiber, 3.16 g NET carbs, 22.54 g protein, 19.11 g fat

#### Ingredients

- 1/2 medium(s) organic red onion, sliced
- 1 Tbsp lemon juice
- 2 Tbsp(s) olive oil
- 4 cup(s) organic baby spinach
- 1 tsp fresh dill, finely chopped
- 1 tsp capers
- 8 ounce(s) smoked wild caught salmon, flaked

#### Preparation

1. Whisk the oil and lemon juice in a large bowl until well combined.
2. Add the remaining ingredients and toss until well coated.

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