



Chinese Chicken Salad 2

Active Time: 10 minutes | **Total Time:** 10 minutes | **Serves:** 1

Nutrition Information Per Serving

426.5 calories, 9.85 g carbohydrate, 3.31 g fiber, 6.54 g NET carbs, 46.33 g protein, 22.28 g fat

Ingredients

- 1/2 tsp(s) Real Salt
- 1 clove garlic, minced
- 2 medium(s) organic green onions, sliced
- 1 cup cooked and cubed pastured chicken breast
- 1/2 tsp(s) fresh ground pepper, to taste
- 1 Tbsp organic sliced almonds
- 1 Tbsp toasted sesame oil
- 1/4 large(s) organic carrot, shredded
- 1/4 medium(s) tangerine, peeled and segmented
- 1 cup shredded organic Romaine lettuce, chopped

Preparation

1. Add the sesame oil, lime juice, and garlic to a large bowl and whisk until well combined.
2. Add the remaining ingredients and toss well.
3. Season with salt and pepper and serve.

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