



## Spiced Breakfast Porridge (AIP)

**Active Time:** 10 minutes | **Total Time:** 10 minutes | **Serves:** 2

### Nutrition Information Per Serving

445.6 calories, 24.94 g carbohydrate, 7.66 g fiber, 17.28 g NET carbs, 4.46 g protein, 40.62 g fat

#### Ingredients

- 1/4 tsp(s) Real Salt
- 16 Tbsp(s) Aroy D Coconut Milk
- 1/2 cup(s) unsweetened shredded coconut
- 1 medium acorn squash, roasted, seeded and pureed
- 1 tsp organic vanilla extract
- 2 tsp(s) cinnamon
- 1/2 tsp(s) powdered ginger
- 1 tsp raw honey

#### Preparation

1. Put the squash puree and coconut milk in a medium saucepan. Add the coconut, cinnamon, ginger and honey and stir until thickened.
2. Simmer until desired thickness and serve warm.

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