



Simple Green Beans

Active Time: 5 minutes | **Total Time:** 25 minutes | **Serves:** 4

Nutrition Information Per Serving

79.9 calories, 9.25 g carbohydrate, 3.97 g fiber, 5.28 g NET carbs, 4.48 g protein, 3.65 g fat

Ingredients

- 1 cup Pacific Organic Bone Broth (Chicken)
- 1 pound organic green beans, trimmed
- 1 Tbsp avocado oil
- 1/2 small(s) yellow onion, diced
- 2 clove(s) garlic, minced
- 1/2 tsp(s) sea salt

Preparation

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