



Instant Pot Pulled Chicken

Active Time: 5 minutes | **Total Time:** 25 minutes | **Serves:** 4

Nutrition Information Per Serving

199.8 calories, 21 g carbohydrate, 0 g fiber, 21 g NET carbs, 27.25 g protein, 1.46 g fat

Ingredients

Preparation

- 28 Tbsp(s) Muir Glen Medium Salsa
- 2 -8oz. breast(s) pasture-raised chicken

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