



Copycat Cheddar Bay Biscuits

Active Time: 5 minutes | **Total Time:** 20 minutes | **Serves:** 6

Nutrition Information Per Serving

176.9 calories, 2.23 g carbohydrate, 1.02 g fiber, 1.21 g NET carbs, 4.74 g protein, 17.1 g fat

Ingredients

- 1/2 cup(s) Miracle Mix
- 2 ounce(s) organic cheddar cheese
- 1 large egg
- 1/4 cup(s) organic heavy cream
- 3 Tbsp(s) grass-fed butter
- 1/4 tsp(s) garlic powder
- 1/4 tsp(s) dried parsley

Preparation

1. Preheat oven to 350 F. Line a baking sheet with parchment paper.
2. Add Miracle Mix to a medium bowl.
3. Add 2 Tbsp. softened butter, egg, cream, cheese and garlic powder. Stir with a silicone spatula or wooden spoon to form a smooth dough.
4. Scoop roughly 2 Tbsp. of dough and place onto cookie sheet.
5. Transfer to oven and bake 16-18 minutes until golden.
6. While biscuits bake, melt the remaining Tbsp. butter.
7. Remove from oven, brush with melted butter and sprinkle with parsley flakes.
8. Serve.

This free recipe cannot be redistributed without prior permission from MealGenius.com.
If you have obtained this recipe from any source other than MealGenius.com please contact us.