



## Green Keto Detox Soup

**Active Time:** 5 minutes | **Total Time:** 5 minutes | **Serves:** 2

### Nutrition Information Per Serving

268.9 calories, 6.25 g carbohydrate, 2.2 g fiber, 4.05 g NET carbs, 15.9 g protein, 21.28 g fat

#### Ingredients

- 3 cup(s) Pacific Organic Bone Broth (Chicken)
- 1 cup organic cilantro
- 2 clove(s) garlic, pressed
- 1 inch(es) peeled ginger
- 1/2 tsp(s) sea salt
- 1 cup, chopped broccoli
- 3 Tbsp(s) extra virgin olive oil
- 4 spear(s) asparagus
- 2 Tbsp(s) lemon juice

#### Preparation

1. Add all ingredients to a high-powered blender.
2. Choose the "soup" setting and start the machine.
3. Ladle into bowls and serve.&nbsp;

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