



## Keto Green Smoothie

**Active Time:** 5 minutes | **Total Time:** 5 minutes | **Serves:** 1

### Nutrition Information Per Serving

516.9 calories, 12.29 g carbohydrate, 7.06 g fiber, 5.23 g NET carbs, 10.22 g protein, 52.89 g fat

#### Ingredients

- 1 Tbsp Great Lakes Collagen Hydrolysate
- 6 drop(s) SweetLeaf SteviaClear Liquid Stevia
- 1 Tbsp Bulletproof XCT Oil
- 1/2 medium(s) avocado
- 1/2 cup(s) organic spinach
- 1/2 cup(s) coconut milk

#### Preparation

1. Add all ingredients to a high powered blender with a few ice cubes.
2. Blend until smooth.

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