



## Keto Blackberry Vanilla Bean Smoothie

**Active Time:** 5 minutes | **Total Time:** 5 minutes | **Serves:** 2

### Nutrition Information Per Serving

526.9 calories, 10.73 g carbohydrate, 4.09 g fiber, 6.64 g NET carbs, 9.33 g protein, 54.11 g fat

#### Ingredients

- 8 drop(s) SweetLeaf SteviaClear Liquid Stevia
- 1 Tbsp Great Lakes Collagen Hydrolysate
- 1/2 cup(s) organic blackberries
- 1/4 cup(s) raw almonds
- 3 Tbsp(s) virgin coconut oil
- 1 cup coconut milk
- 1/2 whole (s) vanilla bean, scraped

#### Preparation

1. Add all ingredients to a high-powered blender with a few ice cubes.
2. Blend until smooth.

This free recipe cannot be redistributed without prior permission from MealGenius.com.  
If you have obtained this recipe from any source other than MealGenius.com please contact us.