



Steak, Arugula and Avocado Salad with Roasted Red Peppers

Active Time: 5 minutes | **Total Time:** 5 minutes | **Serves:** 1

Nutrition Information Per Serving

456.4 calories, 10.3 g carbohydrate, 7.05 g fiber, 3.25 g NET carbs, 22.83 g protein, 37.61 g fat

Ingredients

- 1/2 ounce(s) Mediterranean Organic Fire Roasted Gourmet Red Peppers
- 4 ounce(s) grass-fed ribeye steak, cooked
- 1 cup organic arugula
- 1/2 medium(s) avocado, sliced

Preparation

1. Dice roasted red bell peppers.
2. Plate arugula and top with cooked sliced steak, sliced avocado and diced roasted red bell peppers.
3. Serve with dressing of choice.

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