



Pork Chops with Braised Red Cabbage

Active Time: 20 minutes | **Total Time:** 20 minutes | **Serves:** 4

Nutrition Information Per Serving

400.4 calories, 6.5 g carbohydrate, 1.49 g fiber, 5.01 g NET carbs, 35.52 g protein, 26.43 g fat

Ingredients

- 4 -6 oz. chop(s) Pork, Pasture-Raised
- 1/2 head(s), small Cabbage
- 4 Tbsp(s) Duck, Fat

Preparation

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