



Test Recipe May 23

Active Time: 1 minute | **Total Time:** 1 minute | **Serves:** 1

Nutrition Information Per Serving

259.6 calories, 0 g carbohydrate, 0 g fiber, 0 g NET carbs, 54.49 g protein, 2.93 g fat

Ingredients

Preparation

- 1 -8oz. breast Chicken, Pasture-Raised

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