



Mediterranean Arugula and Olive Salad

Active Time: 15 minutes | Total Time: 5 minutes | Serves: 4

Nutrition Information Per Serving

85.3 calories, 1.73 g carbohydrate, 0.83 g fiber, 0.9 g NET carbs, 0.65 g protein, 8.84 g fat

Ingredients

- 4 cup(s) organic arugula
- 16 large(s) Kalamata olives
- 2 Tbsp(s) extra virgin olive oil

Preparation

1. Place arugula and olives in a large bowl.
2. Drizzle with olive oil and toss with your hands to coat.
3. Serve.

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