



Tomato-Basil Salad

Active Time: 5 minutes | **Total Time:** 5 minutes | **Serves:** 4

Nutrition Information Per Serving

108.1 calories, 3.17 g carbohydrate, 0.79 g fiber, 2.38 g NET carbs, 0.66 g protein, 10.64 g fat

Ingredients

- 2 medium(s) organic tomatoes
- 1/2 cup(s) fresh basil
- 3 Tbsp(s) extra virgin olive oil
- 1 Tbsp organic balsamic vinegar
- 1/2 tsp(s) sea salt

Preparation

1. Using a serrated knife, slice tomatoes. Wash basil and roll into a ball. Slice thinly to make ribbons
2. Place tomatoes in a serving dish. Sprinkle with sea salt, top with basil and drizzle with oil and vinegar.
3. Serve.

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