



## Horseradish Crema

**Active Time:** 1 minute | **Total Time:** 1 minute | **Serves:** 20

### Nutrition Information Per Serving

17.7 calories, 1.23 g carbohydrate, 0.14 g fiber, 1.09 g NET carbs, 0.48 g protein, 1.27 g fat

#### Ingredients

- 1 cup organic cultured sour cream
- 4 Tbsp(s) horseradish
- 1 Tbsp Dijon mustard
- 1/2 tsp(s) sea salt
- 1/2 tsp(s) freshly ground black pepper

#### Preparation

1. Add all ingredients to a mixing bowl.
2. Whisk well to combine.
3. Store in the refrigerator for up to 2 weeks.

This free recipe cannot be redistributed without prior permission from MealGenius.com.  
If you have obtained this recipe from any source other than MealGenius.com please contact us.