



Horseradish Crema

Active Time: 1 minute | **Total Time:** 1 minute | **Serves:** 20

Nutrition Information Per Serving

17.7 calories, 1.23 g carbohydrate, 0.14 g fiber, 1.09 g NET carbs, 0.48 g protein, 1.27 g fat

Ingredients

- 1 cup organic cultured sour cream
- 4 Tbsp(s) horseradish
- 1 Tbsp Dijon mustard
- 1/2 tsp(s) sea salt
- 1/2 tsp(s) freshly ground black pepper

Preparation

1. Add all ingredients to a mixing bowl.
2. Whisk well to combine.
3. Store in the refrigerator for up to 2 weeks.

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