



Minty Mojitos

Active Time: 1 minute | **Total Time:** 1 minute | **Serves:** 1

Nutrition Information Per Serving

114.1 calories, 5.02 g carbohydrate, 1.74 g fiber, 3.28 g NET carbs, 0.61 g protein, 0.16 g fat

Ingredients

- 4 drop(s) SweetLeaf SteviaClear Liquid Stevia
- 1 1/2 ounce(s) white rum
- 6 ounce(s) sparkling water
- 10 leaves(s) fresh mint leaves
- 1/2 whole(s) lime, cut into 4 slices

Preparation

1. Place mint leaves and 1 lime wedge into a sturdy glass. Use a muddler to crush the mint and lime and release aromatics.
2. Add 2 more lime wedges, and muddle again to release the lime juice. Do not strain.
3. Fill the glass almost to the top with ice. Pour the rum over the ice, and fill the glass with sparkling water.
4. Stir, taste, and add stevia to desired sweetness. Garnish with the remaining lime wedge.

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