



## Classic Creamy Chicken Salad

**Active Time:** 5 minutes | **Total Time:** 5 minutes | **Serves:** 6

### Nutrition Information Per Serving

205.6 calories, 0.96 g carbohydrate, 0.43 g fiber, 0.53 g NET carbs, 22.06 g protein, 12.73 g fat

#### Ingredients

- 5 Tbsp(s) Primal Kitchen Mayonnaise
- 1/4 tsp(s) sea salt
- 3 cup(s) cooked chicken breast
- 2 stalk(s) organic celery, diced
- 1/4 small(s) red onion, minced
- 2 tsp(s) lemon juice
- 2 Tbsp(s) Dijon mustard

#### Preparation

1. In a small bowl, combine mayonnaise, mustard, sea salt and lemon juice.
2. Add chopped chicken, celery, and red onion to a medium bowl.
3. Pour dressing over and chicken and veggies and stir to coat. Adjust seasoning.

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