



Classic Creamy Chicken Salad

Active Time: 5 minutes | **Total Time:** 5 minutes | **Serves:** 6

Nutrition Information Per Serving

205.6 calories, 0.96 g carbohydrate, 0.43 g fiber, 0.53 g NET carbs, 22.06 g protein, 12.73 g fat

Ingredients

- 5 Tbsp(s) Primal Kitchen Mayonnaise
- 1/4 tsp(s) sea salt
- 3 cup(s) cooked chicken breast
- 2 stalk(s) organic celery, diced
- 1/4 small(s) red onion, minced
- 2 tsp(s) lemon juice
- 2 Tbsp(s) Dijon mustard

Preparation

1. In a small bowl, combine mayonnaise, mustard, sea salt and lemon juice.
2. Add chopped chicken, celery, and red onion to a medium bowl.
3. Pour dressing over and chicken and veggies and stir to coat. Adjust seasoning.

This free recipe cannot be redistributed without prior permission from MealGenius.com.
If you have obtained this recipe from any source other than MealGenius.com please contact us.