

## **Keto Coconut-Pecan Frosting**

Active Time: 15 minutes | Total Time: 15 minutes | Serves: 24

## **Nutrition Information Per Serving**

78.3 calories, 2.07 g carbohydrate, 0.78 g fiber, 0.54 g NET carbs, 0.86 g protein, 8.22 g fat

## **Ingredients**

- 2 Tbsp(s) Keto Sweet
- 1/2 tsp(s) organic vanilla extract
- 2 large(s) pastured egg yolks
- 4 Tbsp(s) organic virgin coconut oil
- 1/2 cup(s) organic full fat coconut milk
- 2 ounce(s) organic coconut flakes (unsweetened)
- 1 cup organic pecans, finely chopped

## **Preparation**

- 1. In a medium saucepan combine coconut milk, Keto Sweet, egg yolks, coconut oil and vanilla.
- 2. Cook over low heat, stirring constantly, until thick.
- 3. Remove from heat and stir in pecans and coconut.
- 4. Spread on cake while still warm.

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