

## **Keto Crepes**

Active Time: 15 minutes | Total Time: 15 minutes | Serves: 12

## **Nutrition Information Per Serving**

53.5 calories, 1.54 g carbohydrate, 0.5 g fiber, 0.79 g NET carbs, 2.11 g protein, 4.54 g fat

## **Ingredients**

- 1/2 cup(s) Miracle Mix
- 1/3 Tbsp(s) Keto Sweet
- 2 large(s) pastured eggs, room temperature
- 1/4 cup(s) organic whole milk
- 2 ounce(s) organic cream cheese, room temperature
- 1 tsp vanilla extract

## **Preparation**

- 1. Preheat a crepe pan or crepe maker.
- 2. Add the room temperature eggs, cream cheese and milk to a medium mixing bowl.
- 3. Using a hand mixer beat for 1 minute to incorporate.
- 4. Pour in the Miracle Mix, Keto Sweet and vanilla and mix again to make a smooth batter.
- 5. Crepe Pan: Scoop crepe batter onto preheated pan, spreading into a thin layer. Cook 15 seconds, then flip and cook another 15 seconds.
- 6. Crepe Maker: Scoop crepe batter onto preheated surface and gently close the lid. Cook 30 seconds and reomve with tongs.

This free recipe cannot be redistributed without prior permission from MealGenius.com. If you have obtained this recipe from any source other than MealGenius.com please contact us.