



Spinach, Pear & Gorgonzola Salad

Active Time: 5 minutes | **Total Time:** 5 minutes | **Serves:** 4

Nutrition Information Per Serving

111.4 calories, 15.34 g carbohydrate, 3.89 g fiber, 11.45 g NET carbs, 5.03 g protein, 4.36 g fat

Ingredients

- 2 medium(s) organic pears
- 2 ounce(s) organic gorgonzola cheese, crumbled
- 8 cup(s) organic baby spinach

Preparation

1. Core and slice each pear into 8 slices.
2. Place 2 cups of spinach on a plate.
3. Top with 4 slices pear and half an ounce of gorgonzola cheese.
4. Serve with dressing of choice.

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