



## Spinach Salad with Blueberries, Almonds & Feta Cheese

Active Time: 5 minutes | Total Time: 5 minutes | Serves: 4

### Nutrition Information Per Serving

131.3 calories, 14.86 g carbohydrate, 3.88 g fiber, 10.98 g NET carbs, 5.63 g protein, 6.79 g fat

#### Ingredients

- 2 ounce(s) organic, plain feta cheese
- 8 ounce(s) organic baby spinach
- 2 cup(s) organic blueberries
- 1/4 cup(s) organic slivered almonds

#### Preparation

1. Arrange spinach on plates.
2. Top each with 1/2 cup blueberries, 1 Tbsp. slivered almonds and half an ounce of feta cheese.
3. Drizzle with homemade dressing of choice.
4. Serve.

This free recipe cannot be redistributed without prior permission from MealGenius.com.  
If you have obtained this recipe from any source other than MealGenius.com please contact us.