

Raspberry Glaze

Active Time: 10 minutes | Total Time: 10 minutes | Serves: 12

Nutrition Information Per Serving

13.4 calories, 5.11 g carbohydrate, 1.53 g fiber, 1.58 g NET carbs, 0.28 g protein, 0.15 g fat

Ingredients

- 2 Tbsp(s) Wholesome Sweeteners Organic Zero
- 1 Tbsp organic lemon juice
- 1/2 Tbsp(s) organic arrowroot
- 2 cup(s) frozen organic raspberries, unsweetened

Preparation

- Add frozen raspberries to a small saucepan on medium heat. Stir and allow to cook down completely.
- 2. Strain sauce through a cheese cloth or tight strainer to remove seeds. Return sauce to the pan.
- 3. Sift in erythritol and arrowroot. Mix well and allow to simmer for 1 minute.
- 4. Remove from heat. Let cool slightly.
- 5. Add lemon juice.
- 6. Let cool and spoon over chocolate cake or other dessert.

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