



## Paleo Asian Turkey Lettuce Wraps

**Active Time:** 15 minutes | **Total Time:** 15 minutes | **Serves:** 4

### Nutrition Information Per Serving

280.8 calories, 10.2 g carbohydrate, 2.83 g fiber, 7.37 g NET carbs, 20.7 g protein, 17.91 g fat

#### Ingredients

- 6 tsp(s) Coconut Secret Coconut Aminos
- 1 cup, grated organic carrots
- 1 cup chopped organic cucumber
- 1 cup slices organic radish
- 2 Tbsp(s) finely minced organic ginger
- 2 Tbsp(s) minced organic garlic
- 8 leaf, outter(s) organic romaine lettuce leaves
- 16 ounce(s) pastured turkey, ground
- 1 Tbsp avocado oil

#### Preparation

1. Heat oil in a large skillet and brown ground turkey.
2. Add garlic and ginger and saute briefly.
3. Add coconut aminos and simmer for 10 minutes while preparing the vegetables.
4. Place filling and vegetables in center of a large platter, then surround with lettuce leaves.
5. Serve.&nbsp;

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