



Asian Cucumber Salad

Active Time: 10 minutes | **Total Time:** 10 minutes | **Serves:** 6

Nutrition Information Per Serving

15.4 calories, 4.8 g carbohydrate, 0.8 g fiber, 2 g NET carbs, 0.6 g protein, 0.15 g fat

Ingredients

- 1 Tbsp Wholesome Sweeteners Organic Zero
- 2 medium(s) organic cucumbers, peeled and sliced paper thin
- 1 whole organic hot red chile pepper, thinly sliced
- 1/2 tsp(s) sea salt
- 1 whole organic shallot, sliced paper thin
- 1/4 tsp(s) freshly ground pepper
- 3 Tbsp(s) organic white wine vinegar

Preparation

1. In a bowl, combine the vinegar with the erythritol, salt and pepper.
2. Add the cucumbers, shallot and chile.
3. Chill, if desired, and serve.

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