



Chocolate, Almond Butter & Banana Smoothie

Active Time: 5 minutes | **Total Time:** 5 minutes | **Serves:** 1

Nutrition Information Per Serving

262 calories, 17.29 g carbohydrate, 2.74 g fiber, 14.55 g NET carbs, 28.45 g protein, 9.97 g fat

Ingredients

- 1 scoop Jay Robb's Chocolate Whey Protein
- 1/2 small(s) organic banana
- 1 cup spring water
- 1/2 Tbsp(s) organic cocoa
- 1 Tbsp almond butter

Preparation

1. Add all ingredients to a blender with 2-3 ice cubes.
2. Blend until smooth.

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